

IPHA Branch Activity Report 2025

Name of the Branch:	IPHA West Bengal State Branch	
Branch address:	AQ, Plot – 13/5, Salt Lake, Sector – V Kolkata – 700091, West Bengal	
Branch email id:	iphawbstatebranch@gmail.com	
Contact no.:	+91 92314 41362 (Dr. Mousumi Basu, Secretary)	
Name of the branch President (with tenure):	Dr. Surajit Ghosh	
Name of the branch Secretary (with tenure):	Dr. Mausumi Basu	
Name of other office bearers:	Vice-president	Dr. Dibakar Halder Dr. S. K. Sharma Dr. Aditi Aikat
	Treasurer	Dr. Saikat Bhattacharya
	Jt. Secretary	Dr. Somnath Naskar Dr. Rajesh De Dr. Shabana Roze Chowdhury Dr. Abhishek De Dr. Arup Chakraborty Dr. Anirban Dalui
	Asst. Secretary	Dr. Arnab Sarkar Dr. Sohanjan Chakraborty Dr. Debdutta Halder Dr. Debayan Podder
	Executive Committee Members	Mrs. Snita Bhunia Supriya Mitra Prof. Swaraj Halder Dr. Pramit Goswami Dr. Abhijit Mukherjee Dr. Debasish Sinha Mrs. Manju Chatterjee Dr. Ankush Banerjee Dr. Nilanjan Dastidar Dr. Kasturi Mandal Dr. Siladitya Balial Dr. Sanjay Saha
Branch Bank details:	Indian Public Health Association Bank: Indian Bank A/c No: SB 554455516 IFSC: IDIB000C004 Branch: Central Avenue; 34, C.R.Avenue , Kolkata 700012	

PAN no. used in Conference & activities:	IPHA HQ's PAN (AAAAI0259)
Branch conference last arranged on: Conference theme, date, venue etc.	67th Annual State conference of IPHA West Bengal State Branch Theme: From Prevention to Cure: Strengthening the Continuum of Care in Public Health Date: 3rd and 4th May 2025 Venue: Stadel Hotel, Salt Lake City Kolkata

Activities (January 2025 – December 2025):

Workshop on Methods of Data Collection in Research:

Date: April 29, 2025

Venue: IPGMER, Kolkata

Details:

Workshop on "Methods of Data Collection in Research" was organized by IPHA West Bengal State Branch with the support of the Department of Community Medicine, IPGMER, Kolkata, as part of the pre-conference workshop of WBIPHACON 2025 on April 29 at IPGMER, where 50 registered delegates, including PG medical and nursing students, MPH students, and faculties, learned about various quantitative and qualitative data collection methods and processes. The workshop was facilitated by eminent faculty members from community medicine, including Prof. (Dr.) Mausumi Basu, Dr. Kuntala Ray, Dr. Sinjita Dutta, Dr. Somnath Naskar, Dr. Surajit Lahiri, Dr. Sreetama Chakrabarti, Dr. Anindita Maiti, and Dr. Moumita Mandal, who shared their expertise and provided valuable insights to the participants.



Workshop entitled "Keeping Vaccines 'Fit': Essentials of Cold Chain"

Date: April 30, 2025

Venue: Medical College Kolkata

Details:

IPHA West Bengal State Branch and Medical College, Kolkata, jointly organized a hands-on workshop titled "Keeping Vaccines 'Fit': Essentials of Cold Chain" on April 30, 2025, as part of the pre-conference workshop of WBIPHACON 2025. The workshop covered recent updates from the Routine Immunization Handbook and focused on key areas like preparation, maintenance, and monitoring of cold chain systems through demonstrations, hands-on activities, and role-playing exercises. A total of 55 participants, including postgraduate doctors, nursing students, faculty members, and public health professionals, attended the workshop, gaining valuable insights and practical knowledge on effective cold chain management.



Workshop on "Managing Outbreaks: Practitioner's Approach"

Date: May 1, 2025

Venue: AIIH&PH, Kolkata

Details:

IPHA West Bengal State Branch, in collaboration with the All India Institute of Hygiene and Public Health (AIIH&PH), organized a workshop as part of the pre-conference workshop of WBIPHACON 2025 on "Managing Outbreaks: Practitioner's Approach". The workshop was held at the B.N. Campus of AIIH&PH on May 1, 2025. The speakers included Dr. ManasKundu, Prof. C.S. Taklikkar, Prof. DebasisDutt, Dr. RivuBasu, Dr. S. Sadhukhan, Dr. Harikrishna B.N., Prof. Atul Raj, and Prof. Bobby Paul. The sessions covered outbreak investigation, field planning, data handling, and biosecurity, with interactive activities like preparing case report forms and interpreting curves using Epi Collect. Over 30 senior residents and faculty members attended the workshop.



WBIPHACON 2026

Date: May 3 & 4, 2026

Venue: Stadel hotel, Salt Lake, Kolkata

Details:

The 64th Annual State Conference of the Indian Public Health Association (IPHA), West Bengal State Branch, along with the East Zone Public Health Conclave, was held on May 3–4, 2025 at Stadel Hotel, Salt Lake, Kolkata, with participation of over 300 public health professionals and postgraduate students from across the state.

The conference included scientific sessions such as orations, plenary discussions, oral and poster presentations covering topics like HIV, Syphilis and Hepatitis B elimination, Integrative Medicine, NCDs, Tuberculosis, Cancer, CSE, and Artificial Intelligence in Public Health. Prof. Dr. Anand Krishnan delivered the Dr. S.C. Seal Memorial Oration, while Dr. Sanjoy Ghosh delivered the Dr. Dharmendra Memorial Oration. The Dr. S.P. Mukhopadhyay Lifetime Achievement Award was conferred upon Dr. Sujit Kumar



Bhattacharya for his outstanding contribution to Public Health. The Dr. Dilip Mahalanabis Memorial Research Grant was awarded to two selected research articles.

The inaugural session was attended by senior dignitaries including Dr. Swapan Saren, Prof. (Dr.) Mukul Bhattacharyya, Dr. Sanghamitra Ghosh, Dr. Kaushik Mitra, Dr. Surajit Ghosh, and Dr. Mausumi Basu. A total of 25 abstracts were presented orally, 17 as posters, and 15 undergraduate posters were showcased. The conference concluded with the Annual General

Body Meeting of the IPHA West Bengal State Branch. The West Bengal Medical Council sanctioned 5 credit hours, and the conference received an overwhelmingly positive response from participants, marking it a successful scientific event.

World No Tobacco Day observation

Date: 31st May, 2025

Venue: Calcutta National Medical College

Details:

World No Tobacco Day was observed by Indian Public Health Association HQ, West Bengal State Branch and Dept of Community Medicine, Calcutta National Medical College on 31st May, 2025.

The program was inaugurated by respected guests like

- Prof Dr Subhra Mitra (Principal, CNMCH),
- Prof Dr Arghya Maitra (MSVP, CNMCH),
- Dr Sanghamitra Ghosh (President, IPHA HQ),
- Dr Surajit Ghosh (President, IPHA WB State Branch),
- Prof Dr Manidipa Roy (HOD, Community Medicine, CNMCH),
- Prof Dr Kunal K Majumder (MSVP, KPCMCH) etc.

Renowned faculty and senior members like Prof Dr Aparajita Dasgupta, Dr Rama Bhunia, Dr Shuvankar Mukherjee, Dr Debjani Sengupta, Dr Sukanta Majumdar, Dr Partha Dey, Dr Satabdi Mitra etc graced the occasion.



Prof Dr Sanjay Saha (HOD, CM, Raiganj Medical College) described Tobacco cessation process in detail.

Dr Shelly Shamim (HOD, Chest Medicine, CNMCH) elaborated the effects of smoking on lung in a lucid and effective manner.

Prof Dr Kunal Kanti Majumder (MSVP, KPCMCH) explained the audience about significance of this day and its theme.

There was Quiz contest themed on Tobacco use for UG students. There was a Poster Presentation contest as well for UG students on this year's theme. Winner and Runner up were awarded with certificates and books by the dignitaries.

The Program was attended by delegates from different fields and sectors.

International Day of Yoga (2025)

Date: June 21st 2025

Venue: IPHA Bhaban

Details:

The IPHA West Bengal State Branch, in collaboration with Banchbo School of Human Skill Development, observed International Day of Yoga on June 21st, 2025, at IPHA Bhawan. Members of IPHA and Banchbo Sociocultural Association, along with students pursuing the Geriatric Yoga Diploma, attended the event. Basic yoga training was provided by expert Mr. Ujjal Kumar Ghosh, under whose guidance members and students performed yoga. The event commenced with a brief introduction by Dr. Surajit Ghosh, President, IPHA WB State Branch, and Mr. Tapan Sen, General Secretary, Banchbo Socio-Cultural Association. Doctors from IPHA also highlighted the significance of practicing yoga in relieving various diseases.



ALLARM, allergy and airway meet

Date: July 26th, 2025

Venue: Hotel Gulmohar Royals , Coochbehar

Details:

The ALLARM academic meet, held on July 26, 2025, at Gulmohar Royals Resort in Coochbehar, marked a significant milestone in regional respiratory and allergy education. Organized by the Saltlake Asthma and Allergy Research Centre in collaboration with IPHA West Bengal State Branch, the event drew nearly 60



delegates who engaged in a comprehensive blend of knowledge sharing, clinical skill-building, and interactive learning. The meet featured expert sessions on asthma diagnosis and management, allergy diagnostics, and medicolegal awareness, with a focus on practical, evidence-based approaches. A highlight of the event was the panel discussion on "One Airway, One Disease," which emphasized the interconnected nature of respiratory and allergic diseases. The discussion

underscored the need for unified diagnostic and therapeutic strategies, fostering interprofessional understanding among attendees. A standout segment was the hands-on demonstration on respiratory devices and spirometry interpretation, which provided participants with valuable practical skills. The event concluded with overwhelmingly positive feedback, reflecting a growing demand for regional educational initiatives that cater to the needs of healthcare professionals. The success of ALLARM Coochbehar 2025 sets a promising precedent for future events, emphasizing the importance of academic excellence, practical relevance, and interdisciplinary collaboration.

Observation of World Breastfeeding Week 2025

Date: August 5th, 2025

Venue: Medical College and Hospital, Kolkata

Details:

IPHA West Bengal state branch observed World Breastfeeding Week 2025 along with IPHA Headquarters in collaboration with the College of Nursing, Medical College and Hospital, Kolkata, scheduled on 5th August 2025 from 2 pm to 4 pm at the auditorium of the College of Nursing. The event focused on this year's theme, " Invest in breastfeeding, invest in future ". Dr. Surajit Ghosh, State President, gave his welcome address followed by inaugural speeches by Dr. Sanghamitra Ghosh, President, IPHA HQ, Prof. Dr. Anjan Adhikari, MSVP, MCK graced the programme with his valuable speech. The keynote address was



given by Dr. Arup Chakraborti, Dean of Students' Affairs, MCK. He delivered his speech focusing on strengthening healthcare support for mothers in breastfeeding-friendly environments with reduced reliance on formula feeding. He emphasized promoting equality and sustainability. A panel discussion was held on 'Breastfeeding Uncovered: Busting Myths and Embracing Reality'. The panel was moderated by Dr. Anirban Dalui, Assistant Professor, Barasat Medical College, and the panelists were Prof. Dr. Rakesh Mondal (Professor, Pediatrics, Medical College Kolkata), Dr. Shamima Yasmin (Associate Professor, Community Medicine & Gynecologist), Prof. Dr. Alpanamayi Bera (Principal, College of Nursing, MCK), Dr. Moumita Mandal (Assistant Professor, Community Medicine, IPGMER & SSKM), and Ms. Pallabi Chatterjee (Guest Lecturer, College of Nursing, MCK). The discussion aimed to dispel common myths surrounding breastfeeding and promote a deeper understanding of its benefits. A quiz event was also arranged for the nursing students and was conducted by Dr. Shamima Yasmin and Dr. Ankush Banerjee.

Prizes were distributed among the students who gave correct answers.

Observation of National Nutrition Month by IPHA

Date: 10th September, 2025

Venue: IDBG Hospital, Belehata

Details:

National Nutrition Month 2025 with the theme "Food Connects Us" was observed by Indian Public Health Association in collaboration with IDBG Hospital, Kolkata on 10th September 2025 in GB2 Auditorium of IDBG Hospital, Belehata. The program was attended by nursing personnel of IDBG Hospital as well as beneficiaries who attended the facility for maternal and child health care services.

The program began with a warm welcome address by Prof. (Dr.) Nabanita Bhattacharyya, Principal, IDBG Hospital and Dr. Baisakhi Maji, Assistant Professor, Department of Community Medicine, IDBG Hospital anchored and moderated all the sessions.

The first session was on the agenda of 'Nutritional counseling in Antenatal care' which was discussed in detail by Ms. Ananya Chatterjee, Project Research Scientist-I, NHRP-ICMR BCSS Project, Medical College & Hospital, Kolkata. Here all the components regarding the importance of nutritional supplementation during the antenatal phase to prevent nutritional deficiencies was discussed in detail.



The second session was on "Advantages of Breastfeeding and Technique of Breastfeeding" which was taken by Ms. Soma Mondal, Senior Sister Tutor, ANM (R) Training School, ID & BG Hospital, Kolkata. She discussed in detail with the help of posters and flipcharts on the

correct technique of breast feeding and gave suitable advice on breast feeding steps to the attending mothers. Hands on demonstration with mannequin on attachment for breast feeding was conducted by her. This 40 minutes sessions by Ms. Mondal also consisted of numerous doubt clearing sessions among the beneficiaries attending.

The next session was taken by Ms. Pallabi Chatterjee (Dietitian) and Guest Lecturer, College of Nursing Medical College & Hospital, Kolkata in the topic of "Nutritional needs of Lactating Mothers, Complementary feeding & Nutrition of Under 5 children". Ms Chatterjee spoke regarding the importance of nutrition intake and extra calorie supplementation of lactating mothers, the importance of exclusive breastfeeding and how to initiate complementary feeding. The importance of maintaining proper nutritional intake for proper growth and development of under-five child was also discussed under this session.

In the final session, Dr. Ankush Banerjee, Assistant Professor, Department of Community Medicine, JIS School of Medical Science and Research, Santragachi, Howrah summarised the important proceedings of the previous sessions and discussed some common myths and doubts regarding breast feeding among the beneficiaries.

The program ended with a vote of thanks by Dr. Baisakhi Maji.

Observation of National Nutrition Month 2025

Date: 12th September

Venue: NRS Medical College & Hospital

Details:

National Nutrition Month 2025 was observed by the Indian Public Health Association, West Bengal State Branch, in collaboration with the Department of Community Medicine, NRS Medical College & Hospital, on 12th September 2025 at the e-Classroom, Academic Building, NRS Medical College Campus.

Eminent public health professionals delivered speeches on various topics relevant to nutrition and health. The event was inaugurated by Dr. Santasabuj Das, Scientist G and Director, ICMR-NIRBI; Prof. (Dr.) Indira Dey (Pal), Principal, NRSMCH; Dr. Dibakar Halder, Professor and Head, Department of Community Medicine,

NRSMCH; and Dr. Surajit Ghosh, President, IPHA West Bengal Branch, who addressed the gathering during the inaugural session.

A plenary session titled “Public Health Nutrition and Related Policies” was held, featuring insightful talks by Dr. Dipta Kanti Mukhopadhyay and Dr. Somnath Naskar, and chaired by Dr. Lina Bandyopadhyay.



A panel discussion on “Sustainable Diets and Climate-Resilient Nutrition” followed, with eminent speakers Dr. Dibakar Haldar, Dr. Aritra Khan, Dr. Usha Mallick, and Dr. Kunal Kanti Majumdar. The session was moderated by Dr. Satabdi Mitra and chaired by Dr. Sanghamitra Ghosh.

In addition to the discussions, eight expert talks were delivered by renowned professors and public health specialists on diverse topics. The speakers included:

1. Dr. Anindita Ray Chakravarti, Assistant Professor and HOD, Dept. of Food and Nutrition, Maharani Kasiswari College, Kolkata
2. Ms. Pallabi Chatterjee, Guest Lecturer (Nutrition and Dietetics), College of Nursing, Medical College & Hospital Kolkata
3. Dr. Agnimita Giri Sarkar, Consultant Paediatrician Incharge Lactation Services Institute of Child Health
4. Dr. Rumi Sen, HoD & Associate Professor Department of Nursing Aliah University, Kolkata
5. Dr. Somsindhu Ghosh, Associate Consultant- Critical Care Manipal Hospitals, Salt Lake City Kolkata
6. Dr. Sayan Bhattacharyya, Associate Professor, Department of Microbiology, All India Institute of Hygiene & Public Health, Kolkata
7. Mrs. Snita Bhunia, Senior Lecturer West Bengal Govt. college of Nursing, SSKM Hospital campus
8. Dr. Jharna Ghosh, Principal Florence College of Nursing

The expert talks covered a range of topics, including the intersection of nutrition with mental health, cancer care, and critical care. Discussions also addressed food safety, nutrition for specific health conditions such as diabetes and renal disease, and the vital role of nurses in diet planning. The sessions highlighted emerging trends and practical applications in nutrition science.

As part of the event, a debate competition was organized on the topic “Is Modern Diet a Threat to Adolescent Health?” moderated by Dr. Shibaji Gupta and Dr. Shabana Yasmin. Six postgraduate students participated in the debate, where Dr. Prabudhha Goswami and Ms. Bula Dey were declared winner and runner-up, respectively.

The programme was attended by more than 120 delegates, including postgraduate trainees and public health professionals. It concluded with a brief valedictory address by Dr. Sanghamitra Ghosh, National President,

IPHA. Participation certificates were distributed to all attendees.

The event received an enthusiastic response and was highly appreciated by the delegates.

Observation of National Nutrition Month 2025

Date: 12th September, 2025

Venue: JIMSH, Budge Budge

Details:

In collaboration with IPHA Headquarters the Department of Community Medicine, Jagannath Gupta Institute of Medical Sciences and Hospital (JIMSH), Budge Budge, takes immense pride and pleasure in sharing the resounding success of NUTRIPOT 2.0, organized as part of the National Nutrition Month celebration in collaboration with IPHA Headquarters.

The event was graced by the esteemed presence of Dr. Sanghamitra Ghosh, National President, Indian Public Health Association (IPHA), as the Guest of Honour. Her inspiring words and gracious presence added immense value to the occasion, motivating students and faculty alike.

A total of 44 medical students participated enthusiastically, forming 22 teams that competed in a spirited display of creativity, teamwork, and nutritional knowledge. The competition aimed to reinforce the principles of balanced nutrition through the concept of “fun learning”, where complex nutrient calculations were transformed into engaging, enjoyable exercises — truly reflecting the spirit of the National Nutrition Month.



The event was adjudicated by an esteemed panel comprising our Dean of Academics, Administrative and Nodal Officer, JIMSH, and a third set of scores derived from the collective evaluation of the young and dynamic faculty members of the Department of Community Medicine, JIMSH.

The event reached a memorable conclusion with the Executive Director, JIMSH, Dr. Shubhangi Gupta, honouring the winners by personally awarding medals, a moment of great pride for all participants and organizers.

The celebration truly embodied the message of “Healthy Eating for a Healthy Tomorrow”, blending learning, innovation, and joy in perfect harmony.

Number of membership done by the branch:	
Branch website address (if any):	NA
Annual audit (April 2024 – March 2025):	Attached to the email